9th Australasian Nursing & Allied Health Stroke Conference

RISK, RECOVERY & REORGANISATION

22 – 23 August
2013

Brisbane Convention and Exhibition Centre
Queensland, Australia

REGISTRATION BROCHURE
Acknowledgements

The Organising Committee is grateful to the following organisations, who at the time of printing, have given their support to this conference:

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Invitation to Attend

Welcome to Smart Strokes 2013.

You are warmly invited to attend SMART STROKES 2013 to be held at the Brisbane Convention and Exhibition Centre, Queensland from Thursday, 22 – Friday, 23 August 2013. We have decided to have the conference in Queensland again following the extraordinary support it received in 2011 when it was held on the Gold Coast. SMART STROKES 2011 was the first time the conference was held outside New South Wales and it attracted over 400 delegates, the highest number to date!

Last year was a combined event for the 8th SMART STROKES Australasian Nursing and Allied Health Stroke Conference and the Stroke Society of Australasia 2012 Annual Scientific Meeting, which attracted over 800 delegates in Sydney, NSW.

The many distinguished speakers for this year’s event include renowned international keynotes, together with national experts in stroke. Our keynote speakers for this year are:

- Dr Maggie-Lee Huckabee – Speech Pathologist, University of Canterbury, New Zealand
- Dr Ian Kneebone – Psychologist, University of Surrey, United Kingdom
- Dr Ferdinand Miteff – Interventional Neurologist, John Hunter Hospital, Australia
- Professor Matthew Yau – Occupational Therapist, James Cook University, Australia

The conference’s broad scientific and multi-professional dimension is unique to SMART STROKES, attracting Nurses, Physiotherapists, Occupational Therapists, Speech Pathologists, Dietitians, Social Workers, Clinical Psychologists, Doctors, Ambulance Personnel, Managers and Researchers. The theme of SMART STROKES 2013 is “Risk, Recovery and Reorganisation” encompassing many aspects of stroke care: from the health education delivered to those at risk of stroke through to the neurophysiological mechanisms underpinning stroke rehabilitation and recovery.

This year’s conference program is again packed with keynote speaker addresses, oral presentations, poster presentations – and for the first time oral poster presentations, to ease poster presenters into talking about their research to the audience. We are also proud to offer 14 focus topics in the form of symposia/workshops which will give you a much more hands-on approach to best practice in the field. Also for the first time, we introduce a pre-conference workshop to make the most of having one of our international keynotes share their expertise with conference participants.

Delegates will have the opportunity to visit during morning/afternoon tea and lunch each day the sponsor-supported trade exhibition booths and table displays conveniently situated on the same level as the conference presentations. This gives you an excellent overview of what new products are available to assist you in better stroke care.

Of course the conference is not all work and no play. With over 400 delegates expected, this will be the perfect opportunity to network with like-minded people, to catch up with old friends and to make new acquaintances. The by now legendary Gala Dinner – this year with a touch of tropical – will be held on Thursday, 22 August 2013 in the Plaza Terrace Room at the Brisbane Convention and Exhibition Centre for a great opportunity to dance the night away.

We look forward to seeing you in Brisbane at SMART STROKES 2013.

Cheers
SMART STROKES 2013 Organising Committee
Organising Committee

- **Ian Meade** (Co-Convenor)
  Occupational Therapist, The Townsville Hospital, QLD
- **Alexis McMahon** (Co-Convenor)
  Speech Pathologist, War Memorial Hospital, NSW
- **Di Marsden** (Co-Convenor)
  Manager, Professional Education and Development, Hunter Stroke Service, HNELHD, NSW
- **Mark Longworth**
  Manager, Statewide Stroke Services, Agency for Clinical Innovation, NSW
- **Kim Parrey**
  Stroke Care Coordinator, Hastings Macleay Network, Port Macquarie Base Hospital, NSW
- **Luisa Hewitt**
  Speech Pathologist, Belmont Hospital and Belmont Stroke Rehabilitation Unit, NSW
- **Greg Cadigan**
  Principle Project Officer, Statewide Stroke Clinical Network, QLD

Scientific Committee

- **Sandy Middleton** (Chair)
  Director, Nursing Research Institute, SV&MHS and Australian Catholic University, NSW
- **Jonathan Sturm**
  Neurologist and Co-Director of Stroke Services, Gosford and Wyong Hospitals, NSW
- **Annie McClusky**
  Senior Lecturer, The University of Sydney, NSW
- **Rohan Grimley**
  Director of Rehabilitation and Geriatrics, Nambour General Hospital, QLD
- **Asmara Jammali-Blasi**
  Nursing Research Institute, SV&MHS and Australian Catholic University, NSW

Scholarship Committee

- **Alexis McMahon**
  Speech Pathologist, War Memorial Hospital, NSW
- **Mark Longworth**
  Manager, Statewide Stroke Services, Agency for Clinical Innovation, NSW
- **Greg Cadigan**
  Principle Project Officer, Statewide Stroke Clinical Network, QLD

SMART STROKES 2013 Secretariat

For all enquiries please contact:
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PO Box 576
Crows Nest NSW 1585
Tel: +61 2 9431 8600
Fax: +61 2 9431 8677
Email: smartstrokes@theassociationspecialists.com.au

Please visit our SMART STROKES 2013 website www.smartstrokes.com.au for up-to-date conference information and to register online.

Key Dates

**Early Bird Registration**
Closing Date: 21 June 2013

**Accommodation**
Rate Guaranteed To: 22 July 2013 – thereafter all accommodation blocks will be released and new bookings are strictly subject to availability.

Conference Venue

Brisbane Convention and Exhibition Centre
Merivale Street
South Brisbane QLD 4101
Tel: +61 7 3308 3000
Web: www.bcec.com.au

Posters & Trade Exhibition

The trade exhibition and poster displays will be held in the Plaza Auditorium Foyer at the Brisbane Convention and Exhibition Centre. Morning tea, lunch and afternoon tea will be served in this area to enable you to view all the posters and visit all exhibitors whose support of the event is much appreciated.
Keynote Speakers

Maggie-Lee Huckabee
Maggie-Lee Huckabee practiced as a clinician for 13 years before the frustration of never knowing ‘the answers’ led her to an academic career. She is now senior lecturer in the Department of Communication Disorders, University of Canterbury and senior researcher at the New Zealand Brain Research Institute in Christchurch, New Zealand. She still hasn’t found ‘The Answers’ but is trying, with research interests focusing on the complexities of behaviorally-driven neural adaptation and biomechanical change leading to swallowing recovery. Maggie-Lee has a great time supervising terrific, emerging researchers, overseeing a busy laboratory and enjoying the beauty of New Zealand with dogs at her feet and a good pinot noir in her hand.

Ian Kneebone
Ian Kneebone completed degrees at the University of Adelaide, the University of WA and the University of Surrey. He is a Consultant Clinical Psychologist who has specialised in rehabilitation and worked with people who have encountered stroke for over thirty years. He is a Visiting Reader at the University of Surrey and has published widely on stroke, including on the assessment and management of mood disorders, the coping of informal carers of people who develop speech and language problems and on breaking bad news. He currently holds a grant from the Stroke Association, UK to investigate the best measures to detect anxiety after stroke. Ian is a co-author of Psychological Management of Stroke (Wiley, 2012) and was a member of the Core Steering Group that developed the National Stroke Strategy for England. In June 2013, Ian will take up the post of Professor in Clinical Psychology at the University of Western Sydney, NSW.

Ferdinand Miteff
Ferdinand Miteff is a Neurologist, with expertise in management and research aspects of stroke. His particular interests include acute stroke imaging, thrombolysis and endovascular treatment of stroke. He recently completed fellowships in Stroke and in Interventional Neuroradiology, and is heading up the Interventional Service at John Hunter Hospital in Newcastle, NSW.

Matthew Yau
Matthew Yau is Head of Occupational Therapy Discipline at James Cook University, QLD, where he teaches on occupational therapy theories, psychiatric rehabilitation, sexual rehabilitation, communication and counselling, and qualitative research methods across the undergraduate and postgraduate programs. Prior to this, he taught at the University of Sydney and The Hong Kong Polytechnic University from 1989 to 2008. He was also the Founding Chair of the Hong Kong Association of Sexuality Educators, Researchers & Therapists. Matthew has extensive clinical experience in mental health practice, and trained in clinical hypnotherapy and sex therapy. He is an active advocate for people with disabilities in fulfilling sexual and intimacy needs. His academic and research interests include culture and mental illness, sexual health, and sexuality & disability.
## WEDNESDAY, 21 AUGUST 2013

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1200 – 1730</td>
<td>Early Registration Open</td>
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</table>
| 1300 – 1700 | PRE CONFERENCE WORKSHOP  
Increasing specificity of clinical swallowing assessment: Inferring pharyngeal physiology from cranial nerve interpretation  
Maggie-Lee Huckabee            |

## THURSDAY, 22 AUGUST 2013

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>0730 – 1700</td>
<td>Registration Open</td>
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<tr>
<td>0845 – 0900</td>
<td>Welcome to Day 1</td>
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</tbody>
</table>
| 0900 – 1050 | SESSION 1 – INVITED SPEAKERS  
International Keynote – Mood disorders after stroke: Detection and psychological therapy  
Ian Kneebone  
Australasian Keynote – Acute stroke treatment: A neurointerventional perspective  
Ferdinand Miteff            |
| 1050 – 1115 | MORNING TEA                                                      |
| 1115 – 1245 | SESSION 2 – CHOOSE YOUR TOPIC: PRESENTATION SESSIONS AND WORKSHOPS/SYMPOSIA  
FOCUS TOPIC 1: WORKSHOP – Enabling love and intimacy after stroke: A workshop for health professionals  
Matthew Yau  
FOCUS TOPIC 2: SYMPOSIUM – Practical ways to increase practice  
Karl Schurr, Kate Screivner, Coralie English  
FOCUS TOPIC 3: WORKSHOP – Acute Stroke Nurses Education Network (ASNEN) Workshop  
Sandy Middleton, Gabriel Silver            |
| 1115 – 1245 | Presentation Session A: Community  
StrokeConnect: Supporting stroke survivors and carers following hospital discharge  
Kelcie Howard            |
| 1115 – 1245 | Presentation Session B: Dysphagia  
The barriers and facilitators that influence speech pathologists’ use of stroke clinical practice guidelines – A national descriptive study  
Kathleen Hadely  
Use of allied health assistants as an adjunct to speech pathology assessment in dysphagia management of acute inpatients  
Naomi Kalapac-Trigg            |
| 1115 – 1245 | Presentation Session C: Oral Posters  
Introduction to Oral Posters  
From symptom onset to doorway: Capturing the stories of patients with transient ischaemic attack  
Gary Crowfoot  
Stroke research (AVERT) in an acute private Australian hospital: Early experience  
Michelle Shannon            |
| 1130 | Frequency of outings by recently discharged stroke survivors  
Annie McCluskey            |
| 1130 | Goals, quality of life and participation - Outcomes of a multidisciplinary community-based rehabilitation program for adults living with acquired brain injury  
Peter Meppem            |
| 1145 | Swallowing groups: A novel approach to increase practice for dysphagic stroke survivors  
Kathryn Vickers            |
| 1145 | Goals, quality of life and participation - Outcomes of a multidisciplinary community-based rehabilitation program for adults living with acquired brain injury  
Peter Meppem            |
| 1200 | How much swallowing rehabilitation is possible post stroke: A report of dosage and outcomes in a metropolitan stroke unit  
Kathryn Vickers            |
| 1200 | Does cycling with electrical stimulation (ES) improve strength and walking ability in people with an acquired brain injury? A randomised controlled trial  
Davide de Sousa            |
| 1215 | Beverage intake and hydration status of hospitalised individuals without dysphagia following stroke  
Sebastian Doeltgen            |
| 1215 | Implementation of an enriched environment in a neuro-rehabilitation ward: The clinical application of evidence-based stroke care  
Elishia Scobie            |
| 1230 | Meals as medicine - Reorganisation of current mealtime practices  
Emily de Groot            |
| 1230 | Taking therapeutic leisure and recreation seriously during stroke recovery  
Cara Von Dohren            |
| 1230 | Apraxia of swallow: A case study of intervention & outcomes  
Claire Layfield            |
| 1245 | Speech pathology and social work working collaboratively: A case study of the inclusion of a social worker in an adult outpatient communication group  
Kirsten Toll            |
| 1250 | Does cycling with electrical stimulation (ES) improve strength and walking ability in people with an acquired brain injury? A randomised controlled trial  
Davide de Sousa            |
| 1250 | Implementation of an enriched environment in a neuro-rehabilitation ward: The clinical application of evidence-based stroke care  
Elishia Scobie            |
| 1250 | Apraxia of swallow: A case study of intervention & outcomes  
Claire Layfield            |
| 1250 | Re-organising current practice: Can we capture the meaning of right hemisphere cognitive-communication deficits?  
Amanda Love            |
| 1300 | Lost in clouds: Stroke survivors perspectives on information about sex after stroke  
Natalie Hamam            |
| 1315 | ‘Back on track after stroke’ improves client and carer awareness  
Anna Joy            |
| 1315 | Carer experiences with home visiting speech pathology services  
Katy Stewart            |
1245 – 1330 | LUNCH

1330 – 1500 | SESSION 3 – CHOOSE YOUR TOPIC: PRESENTATION SESSIONS AND SYMPOSIA

1330 – 1500 | FOCUS TOPIC 4: SYMPOSIUM – The complexities of pharyngeal pathophysiology: Limitations in diagnosis lead to limitations in rehabilitation Maggie-Lee Huckabee

1330 – 1500 | FOCUS TOPIC 5: SYMPOSIUM – Prehospital stroke care: FAST or slow – where does the patient go? Mark Longworth, Greg Cadigan, Bruce Paddock, Melissa Tinsley

1330 – 1500 | FOCUS TOPIC 6: SYMPOSIUM – Rehabilitation nurses promoting stroke patient recovery Monica Orvedal, Ian Meade, Claire Hession, Mary McNamara

1330 – 1500 | FOCUS TOPIC 7: SYMPOSIUM – Return to driving post stroke: What should be happening and who should be doing it? Janet Frith, Isobel Hubbard

<table>
<thead>
<tr>
<th>Presentation Session D: Mobility</th>
<th>Presentation Session E: Evidence Based Practice</th>
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</thead>
<tbody>
<tr>
<td>1330 Exclusion from an early rehabilitation trial (AVERT): An exploratory analysis Janice Collier</td>
<td>Wesley Hospital and the Australian Stroke Clinical Registry (AuSCR): Working in partnership to improve the quality of clinical care in stroke Diane Fichera</td>
</tr>
<tr>
<td>1345 Portable electrical stimulation early following stroke: Risks and recovery Suzanne Kyus</td>
<td>Does repeat audit with feedback improve compliance with stroke guideline recommendations that are resistant to change? Elena Trees</td>
</tr>
<tr>
<td>1400 Reorganisation of day therapy model of service: Impact on patient outcomes Claire Lynch</td>
<td>Stroke regional outreach and knowledge exchange: Towards consistency and sustainability of evidence-based stroke care in regional Victoria Patrick Groot</td>
</tr>
<tr>
<td>1415 The validity and reliability of accelerometers and GPS for the purpose of free-living community ambulation measurement post-stroke Niruthikha Mahendran</td>
<td>Organisational influences on EBP within New South Wales stroke units Peta Drury</td>
</tr>
<tr>
<td>1430 Improving cardiorespiratory fitness after stroke by using exercise interventions that are aerobic or include an aerobic component: A systematic review with meta-analysis Di Marsden</td>
<td>National rehabilitation stroke services framework Rebecca Naylor</td>
</tr>
<tr>
<td>1445 Exploring the efficacy of constraint in animal models of stroke: Meta-analysis and systematic review of the current evidence Heidi Janssen</td>
<td>One hand strokes the other: Determining the financial impact and length of stay for stroke patients by comparing referral methods to allied health Stuart Davidson</td>
</tr>
</tbody>
</table>

1500 – 1530 | AFTERNOON TEA

1530 – 1700 | SESSION 4 – CHOOSE YOUR TOPIC: PRESENTATION SESSIONS AND SYMPOSIA

1530 – 1700 | FOCUS TOPIC 8: SYMPOSIUM – The practicalities of delivering thrombolysis Ferdinand Miteff, Michelle Russell

1530 – 1700 | FOCUS TOPIC 9: SYMPOSIUM – Community living after stroke Anne Sweetapple, Ruth Barker

1530 – 1700 | FOCUS TOPIC 10: SYMPOSIUM – Maximising recovery after stroke Jennifer Fleming, Deirdre Cook

1530 – 1700 | FOCUS TOPIC 11: SYMPOSIUM – Nurses as change agents to improve health outcomes following stroke Sandy Middleton, Dominique Cadilhac, Lin Perry, Anne W Alexandrov

<table>
<thead>
<tr>
<th>Presentation Session F: Psycho-Social</th>
<th>Presentation Session G: Prehospital</th>
</tr>
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<tbody>
<tr>
<td>1530 Mood impairment and psychological assessment in rehabilitation Tara Purvis</td>
<td>T3 stroke trial protocol: Triage, treatment and transfer of patients with stroke emergency departments Sandy Middleton</td>
</tr>
<tr>
<td>1545 Cognitive behaviour therapy (CBT) for the prevention and treatment of depression following stroke in community dwelling stroke survivors: A qualitative exploration Katrina Bunnik</td>
<td>Implementation of the NSW Stroke Reperfusion Program: Increasing timely access to care Melissa Tinsley</td>
</tr>
<tr>
<td>1600 Exploring the experience of psychological morbidity and service access in community dwelling stroke survivors: A qualitative follow up study Alexandra Dickson</td>
<td>F.A.S.T. notification for stroke thrombolysis Bruce Paddock</td>
</tr>
<tr>
<td>1615 Carers experiences of transitioning to a caring role and experience of participation in a cognitive behavioural therapy group (CBT): A narrative inquiry Aimee Williamson</td>
<td>Implementation of a clinical pathway improves management of transient ischaemic attack in a rural emergency department Bronwen Spalding</td>
</tr>
<tr>
<td>1630 What help are we offering? A review of educational materials about sex after stroke Natalie Hamam</td>
<td>I’m finding it hard to talk – Airway compromise following tPA Erin Kerr</td>
</tr>
<tr>
<td>1645 The impact of stroke survivor disability on the long-term needs of carers Erin Lalor</td>
<td>‘No ambulance, you bring me’: How older people with limited English proficiency access emergency healthcare after stroke Caroline Frier</td>
</tr>
</tbody>
</table>

1930 – 2330 | GALA DINNER
**Provisional Program**

**FRIDAY, 23 AUGUST 2013**

<table>
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<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>0800 – 1530</td>
<td>Registration Open</td>
</tr>
<tr>
<td>0845 – 0900</td>
<td><strong>Welcome to Day 2</strong></td>
</tr>
<tr>
<td>0900 – 1050</td>
<td><strong>SESSION 5 – INVITED SPEAKERS</strong></td>
</tr>
<tr>
<td>0900 – 1000</td>
<td><strong>International Keynote</strong> – Cough reflex testing in clinical dysphagia assessment: Current state of practice <em>Maggie-Lee Huckabee</em></td>
</tr>
<tr>
<td>1000 – 1050</td>
<td><strong>Australasian Keynote</strong> – Being smart and fulfilled: Love, sex and intimacy after stroke <em>Professor Matthew Yau</em></td>
</tr>
<tr>
<td>1050 – 1115</td>
<td><strong>MORNING TEA</strong></td>
</tr>
<tr>
<td>1115 – 1245</td>
<td><strong>SESSION 6 – CHOOSE YOUR TOPIC: PRESENTATION SESSIONS AND WORKSHOP/SYMPOSIA</strong></td>
</tr>
<tr>
<td>1115 – 1245</td>
<td><strong>FOCUS TOPIC 12: WORKSHOP</strong> – Fear of falling: Psychological management after stroke <em>Ian Kneebone</em></td>
</tr>
<tr>
<td>1115 – 1245</td>
<td><strong>FOCUS TOPIC 13: SYMPOSIUM</strong> – Acute stroke nursing: Enabling and implementing best practice nursing care at a local level <em>Sarah Kuhle, Rohan Grimley, Jody Hedge</em></td>
</tr>
<tr>
<td>1115 – 1245</td>
<td><strong>FOCUS TOPIC 14: SYMPOSIUM</strong> – Use of technology in stroke <em>Penelope McNulty, Renee Mannix, Christopher Bladin, Hannah Quirk</em></td>
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</tbody>
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<tr>
<th>Presentation Session H: Upper Limb</th>
<th>Presentation Session I: Aphasia and Innovative Care</th>
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<tbody>
<tr>
<td>1115</td>
<td>Hemiplegic shoulder pain incidence in acute stroke&lt;br&gt;Linsley Werner</td>
</tr>
<tr>
<td>1130</td>
<td>The glenohumeral joint position in acute post-stroke hemiplegia patients: Changes in the first 6-weeks&lt;br&gt;Praline Choolun</td>
</tr>
<tr>
<td>1145</td>
<td>The SMART arm can be used by a stroke survivor with severe and multiple impairments: A mixed methods, single case study&lt;br&gt;Kathryn Hayward</td>
</tr>
<tr>
<td>1200</td>
<td>Independent use of the SMART arm in the home is feasible: A pre-post, single case study&lt;br&gt;Kathryn Hayward</td>
</tr>
<tr>
<td>1215</td>
<td>Transcranial Direct Current Stimulation: A randomised controlled trial to investigate the effects on upper limb function in chronic stroke&lt;br&gt;James Miller</td>
</tr>
<tr>
<td>1230</td>
<td>Providing a 2-week community-based constraint induced movement therapy program: A feasibility study&lt;br&gt;Louise Massie</td>
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<tr>
<td>1245 – 1330</td>
<td><strong>LUNCH</strong></td>
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<tbody>
<tr>
<td>1330 – 1400</td>
<td>Consumer Abstract Presentation – Where is the patient now and in the future? Fractured integration of care planning <em>Eleanor Horton and Brenda Booth</em></td>
</tr>
<tr>
<td>1400 – 1415</td>
<td><strong>Best New Investigator Abstract</strong> – Non-affected or less affected: What is the ipsilesional upper limb following stroke? A systematic literature review <em>Gemma Kitsos</em></td>
</tr>
<tr>
<td>1415 – 1430</td>
<td><strong>Best Implementation Abstract</strong> – Factors affecting speech pathologists’ implementation of stroke management guidelines: A thematic analysis <em>Emma Power</em></td>
</tr>
<tr>
<td>1430 – 1445</td>
<td><strong>Most controversial</strong> – How has the 6 minute walk test been used in the stroke population? A systematic review with meta-analysis <em>Ashlee Dunn</em></td>
</tr>
<tr>
<td>1445 – 1500</td>
<td><strong>Best Research Abstract</strong> – Delivery of stroke care in hospitals participating in the Australian Stroke Clinical Registry <em>Dominique Cadilhac</em></td>
</tr>
<tr>
<td>1500 – 1530</td>
<td><strong>International Keynote</strong> – Stepped psychological care after stroke <em>Ian Kneebone</em></td>
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<tr>
<td>1530 – 1545</td>
<td>Conference Wrap Up and Prizes</td>
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<tr>
<td>1545</td>
<td><strong>CONFERENCE CLOSE</strong></td>
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</table>
We are excited to once again offer a great number of symposia and workshops for an in-depth exploration of stroke care topics.

Please note that most of these sessions are strictly limited in numbers and therefore we ask you to include your selection during your registration to avoid disappointment.

**Symposia & Workshops**

**FOCUS TOPIC 1: WORKSHOP**
Enabling love and intimacy after stroke: A workshop for health professionals

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<th>Date/Time</th>
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<tbody>
<tr>
<td>Thursday, 22 August 2013, 1115 – 1245 hours</td>
<td>Matthew Yau, Head of Occupational Therapy Discipline, James Cook University</td>
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</table>

**Overview:** Disability or long term illness does not dampen one’s sensual feeling, as well as sexual and intimacy needs. Nevertheless, there has been a general reluctance among health professionals to address sexual needs or concerns of their clients. Often, it is due to preconceived sexual taboos or lack of training. It is anticipated that participants of this workshop will increase awareness of own attitudes towards sexuality, and increase competence in initiating sexual rehabilitation for clients with needs.

**Aim:** This workshop aims to facilitate participants to re-evaluate own sexual attitudes and equip them with practical knowledge to address the sexual concerns and sexual issues of stroke survivors and their partners. Participants are expected to have an open and positive attitude toward human sexuality. They should be aware that media with explicit sexual contents will be shown in workshop.

**Limited to:** 45 participants

**FOCUS TOPIC 2: SYMPOSIUM**
Practical ways to increase practice

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<tr>
<td>Thursday, 22 August 2013, 1115 – 1245 hours</td>
<td>Karl Schurr, Senior Physiotherapist, Bankstown-Lidcombe Hospital, Kate Scrivener, Physiotherapy Clinical Educator, Bankstown-Lidcombe Hospital and The George Institute of Global Health, Coralie English, Senior Lecturer, School of Health Sciences, University of South Australia and Postdoctoral Research Fellow, Stroke Division Florey Neuroscience Institute</td>
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**Overview:** Segregating people in hospital has been traditionally adopted in order to reduce the occurrence of inappropriate patient journey. This practical-focused session will provide evidence, practical examples and resources for you to use to increase patient practice opportunities. It will be an interactive session so please bring your questions and ideas. Topics to be explored include: Why is practice important? Just how much therapy? PUSH/GRASP, and Circuit Class Thera (CCT).

**Limited to:** 120 participants

**FOCUS TOPIC 3: WORKSHOP**
Acute Stroke Nurses Education Network (ASNEN) Workshop

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<tr>
<td>Thursday, 22 August 2013, 1115 – 1245 hours</td>
<td>Sandy Middleton, Director of Nursing Research Institute, St Vincents and Mater Health Sydney and Australian Catholic University and National Centre for Clinical Outcomes Research, Gabriel Silver, Senior Stroke Research Coordinator, Royal Melbourne Hospital</td>
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</table>

**Overview:** Acute Stroke Nurses Education Network (ASNEN) will cover such areas as stroke unit creation and management, the roles and models of the stroke nurse practitioner, nursing research (T3), and an update on ASNEN activities since STROKE 2012. We look forward to seeing you there!!

**Limited to:** 120 participants

**FOCUS TOPIC 4: SYMPOSIUM**
The complexities of pharyngeal pathophysiology: Limitations in diagnosis lead to limitations in rehabilitation

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<tr>
<td>Thursday, 22 August 2013, 1330 – 1500 hours</td>
<td>Maggie-Lee Huckabee, Senior Lecturer, Department of Communication Disorders, University of Canterbury and Senior Researcher, New Zealand Brain Research Institute</td>
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**Overview:** This symposium is targeted towards speech pathologists, allied health, nursing and medical professionals interested in expanding their understanding and skills of neurogenic dysphagia in stroke populations. The content will specifically focus on pharyngeal pathophysiology and the complexities surrounding interpreting clinical swallowing indicators and linking neural signs with pharyngeal physiology. This symposium will build on clinicians existing knowledge and discuss the potential risks of misdiagnosis in stroke populations.

**Limited to:** 120 participants

**FOCUS TOPIC 5: SYMPOSIUM**
Prehospital stroke care: FAST or slow – where do patients go?

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<td>Thursday, 22 August 2013, 1330 – 1500 hours</td>
<td>Mark Longworth, Manager, Statewide Stroke Services, NSW Agency for Clinical Innovation, Greg Cadigan, Principle Project Officer, QLD Statewide Stroke Clinic Network, Bruce Paddock, Project Manager Stroke Services Ambulance Service of NSW, Melissa Tinsley, Implementation Project Officer NSW Agency for Clinical Innovation</td>
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**Overview:** This symposium will focus on increasing the involvement of nurses in the therapy process – both in the hospital and through the help of The Weekend Warrior Program. Part one is based around realistic patient case studies which will explore how nurses and allied health can work more closely together to provide continuity of therapeutic patient care and recovery. Facilitated by a rehabilitation nurse, speech pathologist and occupational therapist, participants...
will also interactively discuss the following topics of working together to promote independence and recovery, ensuring consistency of therapy practice/intervention and communication, and planning care and documentation.

Part two will focus on The Weekend Warrior Program as a Nurse driven exercise class introduced at Bankstown Hospital in 2011. Our experience was that over the weekend patients were inactive, with some patients not even sitting out of bed. With the assistance of allied health staff, a weekend exercise program was developed and implemented. The symposium will focus on keys to success on how to promote exercise in Stroke Units. Come along and enjoy getting our stroke patients back on their feet and physical again.

**FOCUS TOPIC 7: SYMPOSIUM**

*Return to driving post stroke: What should be happening and who should be doing it?*

**Date/Time**
Thursday, 22 August 2013, 1330 – 1500 hours

**Presenters**
Janet Frith, OT Manager, Maitland Hospital, Isobel Hubbard, Academic Researcher, University of Newcastle

**Limited to:** 120 participants

**Aim:** This symposium will educate health professionals on current legislation and clinical guidelines relating to RTD post-stroke/TIA. It will provide the opportunity to consider their impact on clinical practice and to discuss, reflect on, and reconsider the implications for health professionals and stroke survivors. We anticipate participants will leave this symposium with a better understanding of who should and should not be driving post stroke/TIA and what role health professionals have in respect to this important stroke recovery issue.

**FOCUS TOPIC 8: SYMPOSIUM**

*The practicalities of delivering thrombolysis*

**Date/Time**
Thursday, 22 August 2013, 1530 – 1700 hours

**Presenters**
Ferdinand Miteff, Interventional Neurologist, John Hunter Hospital, Michelle Russell, Stroke Research Nurse, Acute Stroke Team, John Hunter Hospital

**Limited to:** 120 participants

**Overview:** Delivery of thrombolysis to acute stroke patients is an emergent lifesaving treatment strategy. Identification of patients suitable for treatment, exclusion of contra-indications to treatment, administration of treatment and post-treatment management requires a streamlined approach. Critical steps in IPA delivery that will be discussed in this symposium include public awareness, hospital bypass protocols, the acute stroke team, imaging protocols, and stroke unit management.

**FOCUS TOPIC 9: SYMPOSIUM**

*Community living after stroke*

**Date/Time**
Thursday, 22 August 2013, 1530 – 1700 hours

**Presenters**
Ruth Barker, Director of Clinical Services, Community Rehab nQ, Townsville Mackay Medicare Local, Anne Sweetapple, Team Leader/Occupational Therapist, Community Stroke Team (CST), Greater Newcastle Cluster HNELHD

**Limited to:** 80 participants

**Aim:** Part one of the symposium focuses on Community Rehab nQ as a new and exciting student-assisted service for people with a neurological condition. Community Rehab nQ is located in Townsville for people from regional, rural and remote northern Queensland. Working in an interprofessional model of care, the team focus is to help people to both prepare for and practice community participation. During this symposium the team will present individual people’s stories to demonstrate the approach they take at Community Rehab nQ. Participants will then work through scenarios to determine the facilitators and barriers to community participation and the strategies that they could employ in their service.

Part two of the symposium focuses on stroke survivors discovering their community. The CST have been providing group programs for community dwelling stroke survivors for nearly 10 years. These groups include: stroke prevention, chronic aphasia conversation groups, art, a stroke club for young survivors, prevention of low mood, managing post stroke fatigue, choir and storytelling. During this symposium we will discuss our experience of survivors reintegrating into community. We will explore limiting factors and successful strategies to facilitate community participation.

**FOCUS TOPIC 10: SYMPOSIUM**

*Maximising recovery after stroke*

**Date/Time**
Thursday, 22 August 2013, 1530 – 1700 hours

**Presenters**
Jennifer Fleming, Conjoint Associate Professor in Occupational Therapy, School of Health and Rehabilitation Sciences and Princess Alexandra Hospital, The University of Queensland, Deirdre Cook, Rehabilitation Coordinator and Occupational Therapist, Mater Private Rehabilitation Unit

**Limited to:** 120 participants

**Aim:** Part one of this symposium will focus on managing forgetfulness, memory retraining and compensatory strategies. Memory impairment can impact on independence, community integration and return to productive activities following stroke. This session will discuss the processes involved in memory, approaches to remediation, and compensatory strategy training techniques for use in neurorehabilitation. Results of a randomised controlled trial comparing different memory rehabilitation approaches will be presented.

Part two will provide an international perspective on implementing evidence-based practice to maximise stroke recovery. This session will include observations, experiences and knowledge gained from a seven week overseas study tour of stroke rehabilitation centres of excellence in North America, England and Sweden while in receipt of a Churchill Fellowship. Techniques, models and processes to promote stroke recovery and implementation of evidence-based practice in the clinical setting will be presented.
FOCUS TOPIC 11: SYMPOSIUM
Nurses as change agents to improve health outcomes following stroke

**Date/Time**
Thursday, 22 August 2013, 1530 – 1700 hours

**Presenters**
Sandy Middleton, Director of Nursing Research Institute, St Vincents and Mater Health Sydney and Australian Catholic University and National Centre for Clinical Outcomes Research, Dominique Cadilhac, Head Public Health, National Research Institute, Lin Perry, Professor of Nursing Research and Practice Development UTS, and Prince of Wales Hospital, Anne W Alexandrov, Assistant Dean and Professor, NET SMART (Neurovascular Education and Training in Stroke Management and Acute Reperfusion Therapies) Program Director, DNP Program Coordinator, School of Nursing and Comprehensive Stroke Centre, University of Alabama

**Limited to:** 120 participants

**Aim:** This symposium will give an overview of current roles of nurses working in stroke and the perspectives of clinicians about nurses contributions to care on examples from New South Wales and Victoria, and look into a state-wide roll-out of GASC (The Quality in Acute Stroke Trial). Options of how nurses can better promote the ways in which they improve the quality of care will also be discussed, including the issue around how to present information at conferences. It is hoped that this symposium will encourage nurses to present their evidence more often, and to look at how this can be supported/mentored.

FOCUS TOPIC 12: WORKSHOP
Fear of falling: Psychological management after stroke

**Date/Time**
Friday, 23 August 2013, 1115 – 1245 hours

**Presenter**
Ian Kneebone, Consultant Clinical Psychologist, University of Surrey

**Limited to:** 35 participants

**Aim:** This workshop will take a practical approach to one of the greatest psychological issues following stroke – the fear of falling. Suitable for psychologists as well as nurses and therapists it will discuss psychological management of the patient to improve recovery and a return to everyday life.

FOCUS TOPIC 13: SYMPOSIUM
Acute Stroke Nursing: Enabling and implementing best practice nursing care at a local level

**Date/Time**
Friday, 23 August 2013, 1115 – 1245 hours

**Presenters**
Rohan Grimley, Director of Rehabilitation and Geriatrics, Nambour General Hospital and Clinical Chair, QLD Statewide Stroke Clinical Network, Sarah Kuhle, Stroke and TIA Co-ordinator, Redcliffe Hospital and QLD Statewide Stroke Clinical Network, Jody Hedge, Clinical Nurse Educator, Redcliffe Hospital, Lecturer, Australian Catholic University

**Limited to:** 120 participants

**Aim:** This symposium will provide an overview of the current skill set required to facilitate ‘best practice’ in Acute Stroke Nursing care, followed by an interactive participant discussion on the barriers & enablers faced by nurses in providing this care. Topics covered include: evidence and rationales behind ‘best practice’ stroke care, stroke specific nursing management and associated outcomes, and stroke terminology, assessment and diagnostics.

FOCUS TOPIC 14: SYMPOSIUM
Use of technology in stroke

**Date/Time**
Friday, 23 August 2013, 1115 – 1245 hours

**Presenters**
Penelope McNulty, Research Fellow and Group Leader, Neuroscience Research Australia, Renae Mannix, Speech Pathologist, Rankin Park Centre Hunter New England, Christopher Bladin, Program Director, VicStroke Telemedicine, The Florey Institute of Neuroscience and Mental Health, Hannah Quirk, Adult Community Occupational Therapist, Tamworth Community Health

**Limited to:** 120 participants

**Aim:** The symposium will cover a range of options on how to include technology into stroke care and recovery. One aspect is how to diversify the benefits of upper-limb stroke rehabilitation through Nintendo Wii-based movement therapy. Wireless recordings allow an identification of the timing and pattern of improvements in upper-limb movement, lower-limb balance and walking, cardiovascular fitness and movement speed in patients from 18-83 years of age, one month to 21 years post-stroke.

Additionally, this session gives insights into the use of iPads with stroke survivors following discharge from hospital. Key aspects include iPad cost, App selection, supporting technology, hygiene and a practical component. There are many points along the stroke recovery journey at which there is potential for tablets (such as the iPad) to be utilised by clinicians, stroke survivors and or their carers.

Another presentation will focus on stroke telemedicine and what the future holds. The treatment of acute stroke using telemedicine represents a major advance in health care delivery for rural and regional hospitals. Stroke telemedicine has been successfully implemented in healthcare networks across Europe and North America, but not widely in Australia. Recent data from the Victorian Stroke Telemedicine (VST) project has demonstrated a 3-fold increase in thrombolysis rates at Bendigo Hospital in Victoria. This program has now received Federal funding (VicStroke) and will be expanded to key hospitals in regional centres in Victoria.

Pre Conference Workshop with Maggie-Lee Huckabee
Increasing Specificity of clinical swallowing assessment: Inferring pharyngeal physiology from cranial nerve interpretation

**Venue:** Brisbane Convention and Exhibition Centre

**Date:** Wednesday, 21 August 2013

**Time:** 1300 – 1700 hours

**Cost:** For Full Conference Delegates: $55
For participants not registered for the full SMART STROKES 2013 Conference: $120

**Refreshments after the workshop are included in this registration cost.

**Aim:** The content of this workshop may be of interest to all practicing Speech Pathologists with experience working with neurogenic dysphagia. This workshop will focus on increasing expertise and knowledge on inferring pharyngeal pathophysiology from cranial nerve assessment and will include practical diagnosis and rehabilitation strategies.
Gala Dinner

Venue: Plaza Terrace Room, Brisbane Convention and Exhibition Centre
Date: Thursday, 22 August 2013
Time: 1930 - 2330 hours
Cost: Included in Full Delegate Registration Fee
Day Delegate or Guest Tickets: $125.00 per person
Dress: Smart Casual – with a touch of tropical

A great evening of food, wine and entertainment is planned for the Gala Dinner. We hope all delegates and their guests will join us on this occasion to make it a memorable evening.

For those who are not seasoned conference attendees yet, Conference Co-Convenor Ian Meade is hosting a little gathering before the Gala Dinner to make general introductions, assist with the mingling and ensure that you get as much as possible out of attending this conference. Meet Ian for pre-dinner drinks at 1900 outside the Plaza Terrace Room.

Accommodation

Accommodation has been reserved at four hotels close to the Brisbane Convention and Exhibition Centre. Room rates are stated per room per night (room only, no breakfast) and include GST – only bookings made through the SMART STROKES 2013 Secretariat will obtain these rates. Kindly note that any unsold rooms will be released on 22 July 2013 and accommodation requests received thereafter are strictly on availability basis only. We encourage you to book your accommodation early as options are somewhat limited in Brisbane CBD.

**Rydges South Bank Brisbane**
Glenelg Street
South Bank, Brisbane QLD 4101
Phone: 07 3364 0800
Web: www.rydges.com
Rate: $269 per room per night (room only)

**Ibis Brisbane**
27 – 35 Turbot Street
Brisbane QLD 4000
Phone: 07 3237 2333
Web: www.ibis.com
Rate: $170 per room per night (room only)

**Rendezvous Brisbane on George**
103 George Street
Brisbane QLD 4000
Phone: 07 3221 6044
Web: www.rendezvoushotels.com
Rate: $169 per room per night (room only)

**Central West End Apartments**
Corner Melbourne & Edmondstone Streets
West End QLD 4101
Phone: 07 3011 8333
Web: www.centralwestend.com.au
Rate: $300 per 2 bedroom apartment per night (room only)
General Information

Registration Desk
The Registration Desk will be located in the Plaza Auditorium Foyer at the Brisbane Convention and Exhibition Centre. Staff at the Registration Desk will be happy to help with any queries.

Name Badges
All delegates will be given a name badge at registration. This badge will be the official pass to sessions, teas, lunches and the Gala Dinner. It is necessary for delegates to wear their name badges at all times when onsite for security reasons.

Messages
A message board will be located next to the Registration Desk throughout the event.

Smoking Policy
There is a strict “no smoking” policy at the Brisbane Convention and Exhibition Centre – smoking is only permitted in clearly marked areas.

Credit Cards
Credit cards accepted for online registration are MasterCard, AMEX and Visa. Most Brisbane hotels, restaurants and shops will accept all major credit cards.

Goods & Services Tax (GST)
Please note that all prices quoted throughout this document (registration fees, accommodation, social events, etc) are inclusive of GST, and stated in Australian Dollars.

Insurance
As you will be incurring considerable expense when attending this event, it is strongly recommended that you take out an insurance policy of your choice when booking your travel arrangements.

Disclaimer of Liability
The Organising Committee, including the SMART STROKES 2013 Secretariat, will not accept liability for damages of any nature sustained by participants or their accompanying persons or loss of or damage to their personal property as a result of the conference or related events.

Trip Planner

Air Travel
For the best airfares to Brisbane, please book early at the following web sites:
- www.jetstar.com
- www.virginaustralia.com
- www.qantas.com.au
For transport information to and from Brisbane Airport please visit: www.bne.com.au/parking-transport/transport-options
Kindly note that no delegate transfers have been organised for this conference.

Public Transport and Taxis
The Brisbane Convention and Exhibition Centre is located within easy walking distance of the CBD on the south side of the Brisbane River.

Bus Services – South Bank is serviced by two bus stations: The Cultural Centre Station on Melbourne Street and the South Bank Busway Station corner of Colchester and Tribune Streets, South Bank.

CityCats – A popular and speedy way to travel the river. The CityCat terminal is located outside the Riverside restaurants on the riverside promenade. CityCats operate daily from 5.30am to 10.30pm.

Taxi – Taxi ranks are located outside the main entrance to the Convention Centre, at Mantra South Bank in Grey Street and there is a taxi drop off located at the Grey Street main entrance.

Trains – There are two train stations within a five minute walk of the Centre: South Bank Station accessed from Tribune Street and South Brisbane Railway Station adjacent to the Convention Centre in Grey Street.

For further information about public transport visit translink.com.au or call 13 12 30 anytime.
About Brisbane

Welcome to a city where you are free to be whoever you want to be! Where you can escape to the natural splendour of Moreton Bay and Islands or the Scenic Rim and Country Valleys, experience world-class exhibitions at Australia’s largest Gallery of Modern Art and indulge in the country’s premier live music scene, The Valley… all in one day!

You’ll love our buzzing urban villages with live music, the coolest cafes and an eclectic array of the finest restaurants. Keep an eye on Brisbane’s events’ calendar for huge international sporting events, exciting and unique festivals as well as live performances on Queensland’s premier shopping precinct, the Queen Street Mall where you can let loose and discover world-class retailers and heritage-listed arcades with over 700 specialty stores.

Imagine being right in the heart of the city, surrounded by skyscrapers, as you experience your own river adventure – go kayaking, roller-blading or hold your breath as you abseil 20 metres down the 20 million year old Kangaroo Point Cliffs… there’s a memorable Brisbane experience for everyone.

Things to do

Story Bridge Adventure Climb
Brisbane’s must-do unique adventure for all the family.

Hot Air Balloon Brisbane
Mornings hot air ballooning with a champagne breakfast.

Lone Pine Koala Sanctuary
Cuddle koalas and hand feed kangaroos.

Tangalooma Dolphin Feeding
Unique experience hand feeding wild bottlenose dolphins.

XXXX Ale House, Brewery Tours & Visitor Centre
Experience an Australian icon up close.

Brisbane City Sights
Hop On, Hop Off sightseeing tour of Brisbane.

Adventure Moreton Island – Tangatours
The ultimate island adventures and tours on Moreton Island!

Brisbane Greeters
Experience a tour of Brisbane guided by the people who know it.

Shop in Style Escape
Shop in Style Escape takes the frustration out of knowing where to shop, what to buy, and what current season trends suit you. Offering daily tours throughout some of Brisbane’s best shopping destinations.

Full details can be found on: www.visitbrisbane.com.au

About SMART STROKES

About the Conference

SMART STROKES is a not-for-profit conference organised by clinicians and researchers for clinicians and researchers with a strong focus on improving the clinical care and management of stroke. Any profit made goes into the SMART STROKES scholarship fund, which has also received generous education grants. The fund supports delegates to attend subsequent conferences. To date, over 3,000 delegates have attended SMART STROKES and over $180,000 have been awarded in scholarships to clinicians from across Australia & New Zealand.

It’s History

In 2005 the inaugural SMART STROKES Conference was held in Sydney. Following on from its success, the conference was again held in Sydney in 2006, 2007 and 2009. The conference combined for the first time with the Stroke Society of Australasia for the Stroke 2008 conference. 2010 saw the move of the conference from Sydney to the Central Coast of NSW and even further field in 2011 with its first interstate conference at the Gold Coast with over 400 delegates. Last year the conference again combined with the Stroke Society of Australasia for a very successful event with over 800 delegates. The scientific committee responsible for reviewing abstracts has commented on the transition over the years of abstracts from case studies to publishable scientific papers. The current logo incorporates tartan, with the intricacies of its woven pattern reflecting the complexity of stroke care and the clock design representing the importance of time in so many aspects of stroke and its management.

The Opportunities

As well as showcasing the work of established clinicians and researchers, SMART STROKES encourages and supports novice researchers and presenters. It provides a springboard to related scientific conferences including the SSA Annual Scientific Meeting and overseas stroke meetings. The networking opportunities support the delivery of best practice stroke care by clinicians being given the opportunity to attend and share ideas, while maintaining an element of fun.

We hope you will join us in Brisbane this year for what should prove to be another outstanding conference.
Registration Fees

Your registration fee includes:

**All Full Delegates**

- Entry to all conference sessions
- Entry to trade exhibition and poster area
- Morning/afternoon teas and lunches during the conference
- Gala Dinner Ticket
- Satchel
- Final Program & Abstract Book

*One Day Delegates are **not** entitled to the inclusive Gala Dinner ticket however they can purchase a ticket at the guest rate.

**Fees**

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<th>Before 21 June 2013</th>
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<tr>
<td>Full Delegate</td>
<td>$575.00</td>
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<td>One Day</td>
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<td>Pre-Conference Workshop (Full Delegate):</td>
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<td>Pre-Conference Workshop (Not Full Delegate):</td>
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**Acknowledgement**

Registrations will be acknowledged via email with a subsequent confirmation of your requirements according to your registration, together with a tax invoice receipt. **Registrations will only be considered confirmed once payment is received.**

**How to Register**

Register online at [www.smartstrokes.com.au](http://www.smartstrokes.com.au) and pay by credit card. Credit cards accepted are **MasterCard, AMEX & Visa** (please note Diners is **NOT** accepted)

- If you are unable to pay by credit card, EFT transfers or cheque payment will be acceptable also. Please contact the conference secretariat for a registration form to be emailed to you. Full payment details will be stated on your tax invoice. Payment not received within the indicated time frame will result in late payment surcharges, and subsequently in cancellation of the registration in question. If your workplace is paying your registration, kindly make sure that they are aware of this. It is your responsibility to follow up that payment was processed and a remittance advice sent.
- All cheques, international bank drafts or money orders must be made payable to “SMART STROKES” and be drawn from a major Australian bank or personal or business cheque account.

**Cancellation Policy**

All cancellations or alterations must be put in writing to the SMART STROKES 2013 Secretariat.

**Please note that any accommodation booking cancelled within 30 days of the conference is subject to up to 100% cancellation fees charged directly by the hotel.**

If cancellation is received in writing:

- By 21 June 2013 – $100.00 cancellation fee will apply
- By 19 July 2013 – 50% of registration monies paid will be refunded
- After 19 July 2013 – no refund on monies paid
SMART STROKES 2013 CONFERENCE SECRETARIAT

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